

# HEALTH AND SOCIAL CARE

## Year 10

### Component 1 Human Lifespan Development

You will:

- explore how individuals develop physically, emotionally, socially and intellectually over time
- investigate how various factors, events and choices impact individuals' growth and development
- discover how people adapt to life events and cope with making changes.

**Assessment:**

**Internally assessed assignment**

**Weighting: 30%**

## Year 11

### Component 2 Health and Social Care Values

You will:

- learn which health and social care services are available
- identify why people might need to use these services
- discover who's involved in providing these services
- explore what might stop people from accessing the services they need
- look at the care values the sector has to make sure people get the care and protection they need.

**Assessment:**

**Internally assessed assignment**

**Weighting: 30%**

### Component 3 Health and Wellbeing

You will:

- learn what 'being healthy' means to different people
- explore the different factors that might influence health and wellbeing
- identify key health indicators and how to interpret them
- assess an individual's health using what they've learned
- create a health and wellbeing improvement plan for that person, which includes targets and recommendations of support services available
- reflect on the potential challenges the person may face when putting the plan into action.

**Assessment:**

**External exam**

**Weighting: 40% (exam will be taken in May)**